FREE COMPLETE SESSION

A Trip to the British Seaside

A sea-breeze afternoon of familiar resorts, holiday conversation and a shared imaginary itinerary.

One complete afternoon. Ready to host.

35-45 minutes | Read aloud or print | No scoring needed

Your 40-minute plan

5 min welcome / 12 min quiz / 8 min conversation 10 min group game / 5 min closing

Prepare in a few minutes

Read host pages 2-5. Open the pack on a device, or print the participant pages you want to use. Pens are optional. No props, audio or video are required.

Print only what you need

Pages 6-7: quiz | Page 8: conversation Page 9: group game | Page 10: optional answer sheet Keep pages 1-5 and 11-12 with the host.

Use adult conversation at the group's pace. Join in, listen or pass.

WELCOME AND PACING

A relaxed start

Before people arrive

Choose suitable questions and handouts. Reduce background noise and check people can hear and see comfortably. Read aloud if useful. The host decides which activities and adaptations fit the group.

SAY

Today we are taking an imaginary trip to the seaside. You can bring a memory, a preference, or simply your imagination. There is no need to have visited any of the places we mention. We will have a quiz, a conversation and then plan an afternoon together.

0-5 min / Welcome

Would you choose a wide sandy beach or a lively harbour? Either is a good starting point. Invite two or three contributions without going around the room demanding an answer.

5-17 min / Quiz

Read one question, pause, then offer the two choices if helpful. Invite answers from the room or pairs. Reveal the answer after each question. Pages 3-4 contain answers; participant pages 6-7 do not.

17-25 min / Conversation

We have travelled quite a way without leaving the room. Let us pause over the bits of a seaside day that make it memorable. Use one or two prompts from page 8; you do not need to cover all four.

25-35 min / Group game

Use the complete instructions on page 5 and the shared handout on page 9. The host can read, point and record choices for the group.

35-40 min / Closing

If we could keep one sound, one view or one moment from our imaginary afternoon, what would you choose? Thank everyone for their company. Listening counts as taking part.

For 35 minutes: shorten the quiz to five questions. For 45: use the game extension or another conversation prompt. Pause or finish sooner whenever the group prefers.

QUIZ / READ ONE AT A TIME

Quiz answers 1-5

Offer the two choices when useful. Accept the equivalent answers noted below.

01 Which seaside resort is famous for its tall iron tower?

Choices: Blackpool / Bournemouth

Answer: Blackpool. Blackpool Tower opened in 1894.

02 In which seaside city would you find the Royal Pavilion?

Choices: Plymouth / Brighton

Answer: Brighton. The Royal Pavilion is near Brighton seafront.

03 Llandudno is a seaside resort in which country?

Choices: Wales / Scotland

Answer: Wales. Llandudno is on the North Wales coast.

04 Tate St Ives overlooks a beach in which county?

Choices: Kent / Cornwall

Answer: Cornwall. Tate St Ives is beside Porthmeor Beach in Cornwall.

05 Which place has the world's longest pleasure pier?

Choices: Southend-on-Sea / Bognor Regis

Answer: Southend-on-Sea. Southend Pier stretches into the Thames Estuary.

Keep this page with the host. Sources and question references are on pages 11-12.

QUIZ / READ ONE AT A TIME

Quiz answers 6-10

Offer the two choices when useful. Accept the equivalent answers noted below.

06 What do the letters RNLI stand for?

Choices: Royal National Lifeboat Institution / Royal Navigation and Lighthouse Institute

Answer: Royal National Lifeboat Institution. Accept "the lifeboat charity" in a relaxed session.

07 What is a lighthouse mainly there to help with?

Choices: Measuring beach temperatures / Helping mariners navigate

Answer: Helping mariners navigate. Accept "guiding ships" or "warning sailors".

08 Portobello is the seaside neighbourhood of which Scottish city?

Choices: Edinburgh / Aberdeen

Answer: Edinburgh. Portobello has a beach and promenade in Edinburgh.

09 The Giant's Causeway is on the coast of which part of the UK?

Choices: Northern Ireland / England

Answer: Northern Ireland. The famous rock formations are in County Antrim.

10 Blackpool Tower first opened in which year?

Choices: 1934 / 1894

Answer: 1894. This is the optional challenge question; offer the choices.

Keep this page with the host. Sources and question references are on pages 11-12.

COOPERATIVE GAME / 10 MINUTES

One afternoon, three stops

Set the scene - 1 minute

Read the eight stops from page 9. Say: "There is time for three stops. We will make one itinerary that includes different tastes."

Gather preferences - 3 minutes

Invite volunteers to name one stop and a reason. Repeat each suggestion so everyone can hear. Nobody has to take a turn.

Agree our route - 4 minutes

Find a quiet stop, a view and one other choice. A stop may suit more than one purpose. If opinions divide, invite a compromise or take a simple show-of-preference vote; passing is fine.

Send a spoken postcard - 2 minutes

Read back the three chosen stops. Complete together: "This afternoon we visited ... The best part was ..." Accept several best parts.

If the group wants a simpler version

Offer just two choices at a time: sea-view bench or harbour; gallery or arcade. The host can hold the itinerary aloud so no one has to remember a sequence.

Optional extra five minutes

Ask what changes if it starts raining. Replace one stop and explain why.

Host notes / possible outcome

There is no single right itinerary. A bench, harbour and gallery is one possible combination.

QUIZ / ANSWERS WELCOME, PASSING WELCOME

Quiz 1-5

1. Which seaside resort is famous for its tall iron tower?

Blackpool or Bournemouth

2. In which seaside city would you find the Royal Pavilion?

Plymouth or Brighton

3. Llandudno is a seaside resort in which country?

Wales or Scotland

4. Tate St Ives overlooks a beach in which county?

Kent or Cornwall

5. Which place has the world's longest pleasure pier?

Southend-on-Sea or Bognor Regis

QUIZ / ANSWERS WELCOME, PASSING WELCOME

Quiz 6-10

6. What do the letters RNLI stand for?

Royal National Lifeboat Institution or Royal Navigation and Lighthouse Institute

7. What is a lighthouse mainly there to help with?

Measuring beach temperatures or Helping mariners navigate

8. Portobello is the seaside neighbourhood of which Scottish city?

Edinburgh or Aberdeen

9. The Giant's Causeway is on the coast of which part of the UK?

Northern Ireland or England

10. Blackpool Tower first opened in which year?

1934 or 1894

CONVERSATION / CHOOSE WHAT INTERESTS YOU

Something to talk about

A memory, a preference or an imagined idea is welcome. You can simply listen.

The first glimpse

What would you notice first: the water, the buildings or the people? What makes a place feel like the seaside?

A postcard worth sending

Which view would you put on a postcard? It can be a real place or somewhere you invent.

A small holiday ritual

Was there a favourite way to spend a day off, at the coast or closer to home? What would you enjoy now?

Then and now

What would you keep from a traditional seaside town, and what would you change?

MAKE SOMETHING TOGETHER

One afternoon, three stops

Together, choose three stops for an imaginary seaside afternoon. One stop should be quiet, one should offer a view, and the third is entirely your choice.

- A bench overlooking the sea
- A small local art gallery
- The end of a pleasure pier
- A harbour with fishing boats
- A bandstand performance
- A seaside cafe
- An amusement arcade
- A shop full of postcards

NO MARKS OR TOTAL NEEDED

A place for your answers

Use any lines you like, work with someone, or leave this page aside and answer aloud.

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Your ideas are welcome; scores are optional.

SOURCES AND USE

Fact-check notes

Quiz facts checked against the sources below on 6 September 2026. These references support the answers; organisations named have not endorsed this pack.

Q1, 10 / The Blackpool Tower - history

https://www.theblackpooltower.com/history/

Q2 / Brighton Museums - Royal Pavilion

https://brightonmuseums.org.uk/visit/royal-pavilion-garden/

Q3 / Visit Wales - Llandudno and Colwyn Bay

https://www.visitwales.com/destinations/north-wales/llandudno-colwyn-bay

Q4 / Tate - Tate St Ives

https://www.tate.org.uk/visit/tate-st-ives

Q5 / Southend Pier and Railway

https://www.southendpier.co.uk/

SOURCES AND USE

References & next time

Q6 / Royal National Lifeboat Institution

https://rnli.org/

Q7 / Trinity House - navigation

https://www.trinityhouse.co.uk/about-us/a-to-z-of-trinity-house/navigation

Q8 / Forever Edinburgh - Portobello

https://edinburgh.org/neighbourhoods/portobello/

Q9 / National Trust - Giant's Causeway

https://www.nationaltrust.org.uk/visit/northern-ireland/giants-causeway

A note for the host

The conversation prompts and games are original entertainment activities. There is no right answer to a preference or an imagined story. No music recordings, song lyrics, television clips or third-party pictures are included.

Make the next session fit

Afterwards, note one topic people enjoyed, one pace change to make, and whether participants preferred listening, speaking or writing. Keep notes about the session rather than collecting personal histories.

Copying and feedback

The sample may be copied for your own venue. Paid packs may be printed or displayed for activities at the purchasing venue; do not resell or publish the files. Questions or a correction? alex@bidcairn.co.uk